## **Green Passion**

Green Passion is a balanced, organic alkalising blend of powerful green superfoods and has a very mild refreshing green taste. Iron in Green Passion contributes to the reduction of tiredness and fatigue.

 apple cored
orange, peeled
lime, peeled
ginger peeled
or splash of ginger juice (try The Ginger People's)
cups spinach, washed
cup almond milk
cup ice cubes
pinch of fresh parsley
tsp Greens Organic Green Passion

## Blend together pour & enjoy!